

In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

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Stepping Up for Community Health



PLUS

*Maximizing Direct Care Through
Efficient Pharmacy Solutions*

Our CEO, Angelo Angerame, Honored to Co-Author Pivotal Opioid Crisis Study

Hudson Regional LTC Pharmacy is proud to announce that our CEO, Angelo Angerame, played a significant role as a co-author of a crucial study focused on combating the opioid crisis through community-engaged interventions. This research, published in a recent trial, engaged 67 communities across Kentucky, Massachusetts, New York, and Ohio to enhance the adoption of evidence-based practices aimed at reducing opioid-related overdose deaths.

Despite the comprehensive implementation of 615 strategies, the study found that the rates of opioid-related overdose deaths were 47.2 per 100,000 in the intervention communities versus 51.7 per 100,000 in the control groups. This outcome emphasizes the complexity of the opioid epidemic and highlights the need for multifaceted and sustained efforts.

The study's context, amid the COVID-19 pandemic and a surge in fentanyl-related deaths, further underscores the critical challenges faced. In 2022 alone, opioid overdose claimed 82,136 lives, marking a drastic increase and demonstrating the urgent need for continued effective interventions.

Angelo is deeply honored to have contributed to this significant work, highlighting the importance of collaborative efforts in addressing this public health challenge. Hudson Regional LTC Pharmacy remains dedicated to supporting the expansion of evidence-based practices and policies that can truly make a difference in communities nationwide.

For more detailed insights and findings from this study, we encourage you to visit the full article at the New England Journal of Medicine:

<https://www.nejm.org/doi/full/10.1056/NEJMoa2401177>

Together, we can make strides toward overcoming the opioid crisis by embracing community-led initiatives and informed, data-driven strategies.



A Letter From Our CEO

As the busy summer season winds down, our daily routines begin to normalize. This transitional period offers a perfect opportunity to reflect on the past few months—especially when it comes to the healthcare services we rely on. Have you experienced any challenges obtaining medication for your residents? Did your current pharmacy ensure that your residents were adequately prepared with the necessary medications for their vacations?

At Hudson, we prioritize your peace of mind. We provide prepackaged medications specifically for your residents' travel needs, ensuring they have exactly what they need, without the burden of transporting entire

prescriptions. As you consider the effectiveness of your current pharmacy services, remember that Hudson is always here to assist you in making any necessary adjustments to enhance your service experience. Now is the ideal time to evaluate what's working and what improvements can be made.

We're here for you and we'll keep communicating, innovating, and making sure your needs are met every step of the way.



Yours in Health,
Angelo Angerame

**CEO, Hudson Regional
Long Term Care
Pharmacy**

Maximizing Direct Care Through Efficient Pharmacy Solutions



In today's fast-paced healthcare environment, the effective management of time can significantly enhance the quality of care provided to residents. Hudson Regional LTC Pharmacy's innovative Online Portal is a game-changer for nurses and Direct Support Personnel (DSP) who strive to spend more quality time with residents rather than getting bogged down by pharmacy-related tasks.

Simplified Medication Management

Our portal offers an all-inclusive platform for medication management, simplifying the process of handling prescriptions, medication quantities, and even doctors' contact information. By providing a seamless interface, our portal ensures that nurses and DSPs can navigate through medications effortlessly, minimizing the time spent on administrative tasks. This ease of access allows healthcare staff to respond more promptly to the needs of residents, ensuring timely medication administration and adherence to treatment schedules.

Automated Record Keeping

The Online Portal excels in generating and printing Medication Administration Records (MARs) and physician orders with unmatched efficiency. The ability to instantly access and print records for multiple residents reduces the time spent searching through paper-based records. This not only ensures accurate medication administration, especially crucial when residents are out for visits, but also enhances the communication of essential medical information to families, improving resident safety and trust.

Inventory Management at Your Fingertips

Tracking and managing medication inventory is streamlined through real-time updates within the portal. This feature provides visibility into medication quantities, anticipated replenishment dates, and eliminates the need for manual tracking systems.



Instant Access to Medication Information

Our portal facilitates instant access to comprehensive medication data sheets and drug data sheets. This resource is invaluable as it provides detailed administration instructions, interactions, side effects, and more, all accessible with a simple click. This not only replaces the need for physical reference books or time-consuming online searches but also equips care providers with the knowledge to handle complex medication regimes safely and efficiently.

Real-Time Communication and Support

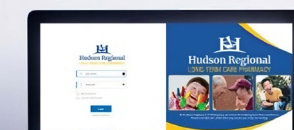
One of the most significant advantages of Hudson Regional LTC Pharmacy's Online Portal is its ability to foster direct and efficient communication between nurses, DSPs, and the pharmacy staff. The portal's messaging center and comprehensive dashboards ensure that any queries or concerns are addressed promptly, reducing delays and fostering a collaborative environment for problem-solving.

By integrating Hudson Regional LTC Pharmacy's Online Portal into daily operations, healthcare facilities can significantly reduce the time spent on pharmacy-related tasks. This efficiency not only enhances operational workflows but, most importantly, it allows nurses and Direct Support Personnel to devote more time to what truly matters—direct care for residents. With this advanced tool, our commitment to elevating resident care continues to set new standards in healthcare management.

We'd be delighted to Demo Our Easy-to-Use Portal.

We'll also provide tips on streamlining your medication management process to enhance patient outcomes.

Online Portal
for patients & caregivers



No matter if you're working with another pharmacy or ours... we're here to offer help and support.

Contact Us: 845.341.2714

All consultations and meetings are strictly confidential.

Tick-borne Illnesses on the Rise

This summer, New York has experienced an increase in tick-borne illnesses, including babesiosis. It's crucial to stay vigilant and take preventive measures to protect yourself and your loved ones even as the summer is winding down.

1. Avoid Tick Habitats

Steer clear of grassy, brushy, and wooded areas, especially during peak season (spring to fall).

2. Use Repellents

Apply insect repellent with 20-30% DEET on skin and clothing.
Treat clothes and gear with permethrin for extra protection.

3. Wear Protective Clothing

Opt for long sleeves and pants, and tuck pants into socks.
Light-colored clothing helps spot ticks more easily.

4. Perform Tick Checks

After outdoor activities, check your body, clothing, and pets for ticks, focusing on hidden areas like underarms, behind knees, and in hair.

5. Shower Promptly

Showering within two hours of coming indoors helps remove unattached ticks.

6. Remove Ticks Properly

Use fine-tipped tweezers to remove ticks, clean the area with rubbing alcohol or soap and water.

7. Monitor for Symptoms

If you develop fever, chills, or body aches after a tick bite, seek medical attention immediately.

8. Protect Pets

Use tick prevention products for pets and check them regularly for ticks.

By following these tips, you can reduce the risk of babesiosis and other tick-borne diseases. Enjoy the summer safely and remain aware of the increased risk in New York.

Safeguard Health with Early Vaccination

As summer ends and cooler months approach, it's time to shift our focus to flu season. For healthcare professionals, direct support personnel, and the individuals you care for, this season is a crucial time to prioritize health and well-being.

Flu season begins in the fall and can last through the spring. The most effective way to protect yourself and those around you is by getting the flu vaccine. Early vaccination gives your body time to build immunity before flu activity peaks. This is especially important for those in healthcare and support roles, where protecting vulnerable populations is key.

The flu vaccine is recommended for everyone aged 6 months and older. Certain groups, including young children, pregnant women, older adults, and people with chronic health conditions, are particularly vulnerable and should prioritize vaccination. For the ID/DD community, staying current with flu vaccinations is crucial due to the potential increased risk of severe complications.

Flu viruses change constantly, so the vaccine is updated each year to provide the best protection. Staying up-to-date with vaccinations ensures maximum protection.

The flu can lead to serious complications, including hospitalization and death. By getting the flu vaccine, you're not just protecting yourself; you're also helping to protect others, especially those who are more vulnerable to severe illness. This collective effort is vital in healthcare and support settings.

While the flu vaccine is the most effective prevention, additional steps can reduce risk: regular handwashing, avoiding close contact with sick individuals, covering your mouth and nose when coughing or sneezing, and staying home when sick. These practices are essential in environments where close contact is frequent.

As we transition from summer to fall, let's make a commitment to health. Getting a flu shot is a simple yet powerful way to ensure a flu-free season. Prioritize flu vaccination to ensure a healthier, safer season for everyone, especially those in our care.

Stay healthy, stay protected, and let's make this flu season a safe one for all.



Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

▶ **(845) 341-2714**



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