

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

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## Commitment to Care Through the Seasons

**PLUS**

*Flu Season Prep for the ID/DD Community & Supporting InFlight's Cornhole for a Cause*



# Advancing Care and Innovation

From September 9-11, 2024, in Glens Falls, NY, nurses from across the state will gather for the ID/DD Nurses Association Annual Conference. This event is designed to share cutting-edge knowledge and best practices in caring for individuals with intellectual and developmental disabilities (ID/DD). Attendees will gain insights through educational workshops, keynote sessions, and interactive discussions.

Representing us at the conference will be Dawn Blades and Krystal Ross, who are also leading efforts to revitalize Zone 5 of the Association. Their involvement in this event will not only expand their expertise but also strengthen our organization's role within the ID/DD nursing community.

The conference will cover a wide array of topics, from clinical care improvements to policy changes, providing nurses with the latest tools and resources to elevate the standard of care for individuals with ID/DD. It's a wonderful opportunity for professional growth and a testament to the commitment of nurses like Dawn and Krystal.



**MORE INFO**



**SCAN ME**



## A Letter From Our CEO

As summer winds down and we step into the crispness of fall, life begins to pick up pace. This season brings with it the hustle and bustle of returning to routines—whether it's staff, residents, or caregivers, everyone adjusts to the changes that come with the new season. At Hudson Regional, we understand the importance of ensuring that these transitions are as smooth as possible for you and your residents.

From medication management to ensuring timely deliveries, we are here to help you meet the increased demands that often accompany the fall season. As schedules get busier and routines take hold, our team remains committed to providing the support you

need to keep things running smoothly and efficiently.

We're here to assist with any adjustments, big or small, so that you and your residents are fully prepared for the season ahead.

As always, we're here for you and we'll keep communicating, innovating, and making sure your needs are met every step of the way.



***Yours in Health,***  
**Angelo Angerame**  
**CEO, Hudson Regional  
Long Term Care  
Pharmacy**



# Flu Season Prep for the ID/DD Community

As the seasons change and fall approaches, flu season is on the horizon. For the intellectual and developmental disabilities (ID/DD) community and the professionals who care for them, the importance of being protected from the flu cannot be overstated. At Hudson Regional LTC Pharmacy, we understand that early planning and ensuring up-to-date vaccinations are key to a healthy, protected environment for both residents and caregivers.

By taking proactive steps now, we can help safeguard the health and well-being of those most vulnerable.



## Why Flu Vaccination is Crucial for the ID/DD Community

### Increased Vulnerability:

Individuals in the ID/DD community are often at higher risk of complications from the flu due to underlying health conditions or weakened immune systems. Ensuring they receive the flu shot is essential for protecting their health.

### Protecting Care Professionals:

Staff and caregivers in group homes and care facilities are on the front lines, interacting daily with residents. A vaccinated staff means not only protecting themselves but also helping prevent the spread of the flu within the facility.

### Preventing Outbreaks:

In communal settings, the flu can spread rapidly. Vaccination helps reduce the chance of flu outbreaks, minimizing the potential disruption to daily routines and the overall health of the community.

## The Benefits of Planning Ahead

Planning ahead for flu vaccinations is one of the most effective ways to ensure that everyone—from residents to staff members—is protected before flu season reaches its peak. Coordinating flu shots now helps avoid last-minute complications and ensures that all individuals have received the appropriate vaccinations in a timely manner.

### Avoiding Delays:

By scheduling flu shots early, care facilities can avoid the rush that often comes with flu season and ensure vaccines are readily available for both residents and staff.

### Coordinated Care:

Organizing flu vaccinations in partnership with healthcare providers allows for a streamlined approach, ensuring no one is overlooked. This also provides an opportunity to review other essential vaccines, ensuring residents are up to date.

### Efficient Communication:

Early planning allows care facilities to communicate effectively with families, caregivers, and healthcare providers, making sure everyone is on the same page regarding vaccination schedules and availability.

## Staying Safe and Up to Date:

Ensuring flu vaccinations are administered on time is essential, and at Hudson Regional LTC Pharmacy, we make it easy for care facilities to stay prepared. Our team works directly with you to schedule flu shots for residents, ensuring a smooth and convenient process.

### Simplified Vaccination Scheduling:

With our support, staff can easily arrange for us to come directly to your facility, eliminating the need to coordinate with outside providers. We handle the entire process, ensuring residents receive their flu shots on time without any added complications.

### Ongoing Flu Prevention Measures:

In addition to flu vaccinations, we provide flu prevention tips, including hand hygiene, proper sanitation, and other measures to minimize the spread of illness in care settings.

Flu season is fast approaching, but with early planning and a proactive approach, care facilities can ensure that residents are well-protected. Hudson Regional LTC Pharmacy is here to assist in your flu vaccination efforts, making the process seamless and straightforward.

Let's work together to make this flu season a safe and healthy one for everyone in the ID/DD community.





# Empowering Care Teams with the HRLTCP Web Portal

Managing medications in an ID/DD group home requires efficiency and accuracy, which is why the Hudson Regional LTC Pharmacy Web Portal is designed to simplify these essential tasks. By bringing all your prescription management needs into one easy-to-use system, the portal empowers care teams to stay organized and on top of their workload.

With real-time tracking, custom reporting tools, and secure communication, the portal streamlines operations, so your team can focus on what matters most—patient care. Some of the key features include:

**Real-Time Medication Tracking:** Ensure prescriptions are monitored from the moment they are ordered until they reach the patient, minimizing delays and disruptions in care.

**User-Friendly Interface:** Easy for staff of all skill levels to navigate, ensuring your team spends less time troubleshooting and more time managing patient needs.

**Customizable Reporting:** Generate reports to track patient data, medication trends, and workflow, giving you a clear picture of your facility's needs.

**Secure Communication:** Safely exchange information with our pharmacy team using encrypted messaging, ensuring all communications are confidential.



Training for the Web Portal is available on an ongoing basis and tailored to fit your team's needs. Whether you have new staff joining or need a refresher, you can schedule training whenever it's convenient for your team. Our sessions are designed to ensure every user can navigate the system confidently, making their job easier and more efficient.

Hudson Regional LTC Pharmacy is committed to being a partner in care. By offering a reliable portal with ongoing training, we ensure that your team has everything it needs to deliver the highest level of care to your residents. If you haven't yet explored the portal's full capabilities, now is the time to take advantage of its many features. Schedule a training session today and discover how the Web Portal can streamline your workflow and improve patient care.

# Supporting InFlight's Cornhole for a Cause

Hudson Regional LTC Pharmacy is excited to serve as The Great Cornholio sponsor for InFlight's upcoming Cornhole for a Cause fundraiser. This event, held at Dutchman's Landing Park in Catskill, NY, is not just a day of fun but an opportunity to make a meaningful difference in the lives of individuals with intellectual and developmental disabilities.

As a valued member of the Hudson Regional LTC Pharmacy family, InFlight, Inc. has been a vital partner in our shared mission to empower individuals with intellectual and developmental disabilities. Through their residential services, community programs, and personalized care, InFlight continues to transform lives, helping people achieve greater independence and fulfillment.

Participants in Cornhole for a Cause can expect a day filled with friendly competition, camaraderie, and community spirit. Whether you're entering the competitive bracket or joining the social play, everyone has a chance to get involved, connect, and contribute to a great cause.

As the sponsor, Hudson Regional LTC Pharmacy is dedicated to supporting the ongoing work of InFlight, recognizing the vital role these programs play in empowering individuals. Every toss in this cornhole tournament brings us closer to raising the necessary funds for InFlight's invaluable services.

We encourage everyone to join us in making a difference. Together, we can help individuals with intellectual and developmental disabilities lead more independent, enriched lives.



FOR MORE INFO



SCAN ME



# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

*These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.*

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



**Hudson Regional**  
LONG-TERM CARE PHARMACY

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