

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

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## Together in Care



**PLUS**

*Get Ready to Deck the Halls with Your Ugliest Sweater!  
& A Memorial Tribute to Edward R. Matthews*





# Care, Collaboration, Community



Since joining the HRLTCP Family in January 2024, Krystal Ross, RN Consultant, has been a passionate advocate for the ID/DD community, leveraging her collaborative spirit to solve challenges alongside partner agencies.

“I love working with different organizations to tackle problems and create meaningful solutions for those supporting the ID/DD community,” Krystal shares. Her thoughtful dedication and enthusiasm for healthcare shine in every aspect of her role.

Did you know? Krystal also holds a Bachelor’s degree in English—a unique combination that enriches her communication and problem-solving skills. Outside of work, she enjoys immersing herself in music, whether by listening to her favorite tunes or attending live concerts.

One of her proudest accomplishments at Hudson has been being able to help guide new agencies through seamless transitions, ensuring every patient continues to receive high-quality care.

For those new to working with the ID/DD community, Krystal offers this heartfelt advice: “Never stop learning, always advocate for your patients, and prioritize their best interests above all else.”





# HAPPY *Thanksgiving*

## A Letter From Our CEO

I wanted to share an important update about changes to the benchmark plans people are eligible for. These adjustments could affect the coverage options available, and I want to make sure you have all the information you need.

I've sent out a detailed list explaining these changes, but if you have any questions or need clarification about the coverage plans, please don't hesitate to reach out. The HRLTCP team is always here to help make navigating these updates as smooth as possible.

You can contact us directly at [info@hrltcp.org](mailto:info@hrltcp.org). Whether it's a quick question or a deeper discussion, we're happy to assist.

As always, we're here for you and we'll keep communicating, innovating, and making sure your needs are met every step of the way.



***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care  
Pharmacy**



# A Memorial Tribute to Edward R. Matthews

A giant in the field of New York developmental disabilities passed away November 10th. For some time, Edward R. Matthews had been suffering with health issues.

He served as the Chief Executive Officer of the Adapt Community Network for 35 years. According to Kelly Kaminski, Adapt's Board President, "Ed Matthews was a respected leader and an unwavering advocate for individuals with different abilities. His work profoundly impacted the lives of thousands of children, families, and adults across New York for more than fifty years, creating lasting change and empowering countless individuals along the way."

Matthews began his career at Adapt Community Network in 1986, becoming the CEO in 1989. This followed a distinguished career in NYS government, where he helped to implement the 1975 Federal Consent Judgment to find programs and homes in local communities for over 5,000 persons with I/DD. Through Adapt, Matthews oversaw the growth of the organization by expanding its reach from four boroughs in NYC to supporting over 25,000 families and individuals across eight counties, including the Hudson Valley, and employing over 3,000 staff members.

In 2017, Matthews oversaw the complete renaming and rebranding of Adapt from United Cerebral Palsy of NYC to both attract and continue serving a more diverse group of individuals. It was at this time that the organization became the largest provider of early childhood services

in New York State. Forbes Magazine called Matthews a "powerhouse leader for people with disabilities."

He sat on several state and national committees with assignments ranging from the implementation of new services to the reform of the Medicaid payment system, as well as the creation of independent Care Coordination Organizations. In order to ensure that Adapt Community Network continued to provide the highest quality of innovative services, Matthews led Adapt to be accredited by two national organizations, The Commission on the Accreditation of Rehab Facilities (CARF) and The Council on Quality Leadership (CQL), both with distinction. Crain's New York Business selected Matthews as a "2021, 2022, and 2023 Notable Leader in Healthcare". In 2022, Matthews was honored with the Hausman Humanitarian Award at the Adapt Leadership Awards in New York City. He was the recipient of a "Healthcare Hero Award" by Schneps Media in 2022 and 2023. He was a widely quoted, interviewed authority on issues impacting people with disabilities.

Linda Laul, Adapt's Chief Operating Officer, stated: "We all mourn his loss and will miss him, but we must continue to carry his vision forward and work hard to support his legacy. Ed was so proud of each and every one of you and so grateful for all that you bring to make Adapt the successful agency it is today. Having worked with Ed — he never failed to say 'THANK YOU' for all of the effort put forth. THANK YOU for being a wonderful support to me and to the memory of Ed."



IN LOVING MEMORY



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EDWARD R. MATTHEWS

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# Get Ready to Deck the Halls with Your Ugliest Sweater!

The 2024 Ugly Sweater Contest is in full swing! The holiday season is here, and we're kicking things off with a celebration of creativity and festive fun. Last year's contest was a huge hit, and we can't wait to see what this year brings. The Woodbourne House crew from the Arc of the Greater Hudson Valley took home the title with their next-level sweaters, ranging from wonderfully wacky to brilliantly bizarre. And let's not forget Benny B, the four-legged trendsetter, who stole hearts with his own unique style!

Now it's your chance to shine! It's time to start planning your most outrageous, creative, and festive sweater designs

Whether you're going for over-the-top holiday cheer or something hilariously unexpected, the competition is on. All entries must be submitted by December 6th, and the winner will earn an incredible grand prize—a pizza party with our CEO, Angelo Angerame, and a special feature in next month's newsletter!

To enter, send your photos to [aangerame@hrltcp.org](mailto:aangerame@hrltcp.org). So, gather your materials, get creative, and start crafting your unforgettable ugly sweater. Will your house be the next to claim sweater glory? Let the holiday spirit shine and may the best sweaters win!



# Make This Flu Season Safer for Everyone

Flu season is here, and one of the best ways to protect yourself and those around you is by getting your annual flu shot. Vaccination plays a vital role in reducing the spread of the flu, and even if you do catch the virus, being vaccinated significantly reduces the severity of your symptoms. This means fewer complications, a quicker recovery, and less risk of serious illness for you and those in your community, especially older adults, young children, and individuals with chronic conditions.

The flu isn't just an inconvenience—it can lead to serious health problems that impact your life and the well-being of those around you. By getting vaccinated, you're not only protecting yourself but also helping to create a safer environment for everyone. If you're concerned about the hassle of scheduling appointments, Hudson Regional LTC Pharmacy makes it easy. Our team can come to you to administer flu shots, ensuring convenience and access for everyone, no matter what.

While protecting yourself from the flu, it's also a good time to check your COVID-19 vaccination status. Staying up to date on both vaccines is one of the best ways to safeguard your health during the colder months when respiratory illnesses are more prevalent.

Don't wait until flu season peaks—schedule your flu shot today and let us bring the vaccine to you. Together, we can make this flu season safer and healthier for everyone. Reach out to Hudson Regional LTC Pharmacy to arrange your vaccination and take the first step toward a healthier season.



**Expect More. Worry Less.**



# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

***These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.***

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



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