

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

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## Building Healthier Horizons



**PLUS**

*Updated Pneumococcal Vaccine Guidelines  
and Welcome Eden II Programs!*

# Updated Pneumococcal Vaccine Guidelines



The CDC has issued new recommendations to help protect adults from pneumococcal disease, a serious illness that can lead to pneumonia, meningitis, and bloodstream infections. Now, all adults aged 50 and older should receive a pneumococcal conjugate vaccine (PCV), even if they've had a different pneumococcal vaccine in the past. This update is expected to reduce the number of serious infections in this age group, which faces a higher risk.

There are three approved vaccines available: PCV15 (VAXNEUVANCE), PCV20 (Prenar20), and PCV21 (CAPVAXIVE). Your healthcare provider

can recommend the best option for you based on your individual needs. For younger adults aged 19 to 49 who have conditions like diabetes, heart disease, or weakened immune systems, the previous risk-based guidelines remain in place.

Expanding the age-based recommendation to include adults in their 50s is a proactive step to improve public health. If you're eligible, consider talking to your doctor about getting vaccinated during your next visit. Vaccination is one of the most effective ways to protect yourself and those around you from serious illnesses.

**For more details, visit [www.cdc.gov](http://www.cdc.gov)**



## A Letter From Our CEO

Nothing energizes me more than seeing our agency partners come together, whether it's on a golf course, around a sizzling pig roast, or (yes, really!) jumping out of a perfectly good airplane. Each event represents another opportunity to strengthen our bonds and create lasting memories together.

At our core, we want to be part of your story – all of it. From the traditional to the unexpected, from the formal to the fantastically unique, we're eager to participate in the events that matter to our agency partners. The creativity in bringing people together never ceases to amaze me, and we're committed to supporting these moments of connection.

No event is too big or too small, too conventional or too wild. Whether it's a charity golf tournament, a community fundraiser, or an adventurous team-building exercise – if it matters to our partners, it matters to us. Being there

for these moments is more than just adding another date to our calendar; it's about demonstrating our commitment to being true partners in your success.

We're ready to show up, roll up our sleeves, and join in whatever exciting activities are planned. Share your events with us and let us be part of your community's moments, big and small. Because at the end of the day, our partnership is about more than business – it's about being there for each other in all the ways that count.

Submit your events directly to [aangerame@hrltcp.org](mailto:aangerame@hrltcp.org) – we can't wait to join you!



***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care  
Pharmacy**

# President & CEO of CP State Mike Alvaro Highlights Year of Achievement

Hudson Regional LTC Pharmacy and Capital Regional RX attended the New York State Cerebral Palsy Associations Annual Conference on October 22 in Saratoga Springs, New York. President and CEO Mike Alvaro addressed leaders of disability service provider agencies throughout New York State, discussing affiliate success and organizational achievements.

The system faces ongoing challenges including workforce shortages, shrinking opportunities, and leadership changes across agencies. The growing influence of the NYS Department of Health and its focus on health equity continues to shape care approaches. Addressing the workforce crisis remains critical for ensuring quality care, while the push toward whole-person care demands creative and compassionate solutions. With scarce resources, administrative efficiency has become essential for every agency.

## CP State and its affiliates are driving change through several key initiatives:

### Advocacy Achievements:

- Partnering with ANCOR to ensure every affiliate membership, amplifying voice at state and national levels
- Developing year-round advocacy strategy
- Working with NYDA and partners to push for policy changes
- Recognizing the critical role of political action committees



### Systemic Changes:

- Leading integrated care discussions for comprehensive, person-centered care
- Expanding telehealth to improve access across I/DD services
- Addressing mental health and I/DD through complex care collaborations
- Pushing for Justice Center reforms
- Leveraging workforce data for informed decision-making

### Key Partnerships:

- NYS Elks: 60-year partnership delivering over \$30 million to affiliates, including \$475,000 annually
- Station MD: Eight years of advancing telehealth solutions
- Stakeholder engagement with field leaders



### Measurable Results:

- \$147 million in system savings through telehealth initiatives, with \$887,000 in annual affiliate value
- \$3.2 million in Community Health Outreach Project funding over four years
- State Education Department funding increases: 11% (2022), 6.25% (2023), 4.3% requested for 2024
- Nearly \$500,000 annually from NYS Elks
- OPWDD funding increases of 5.4%, 4%, and 2.84% over three years through unified messaging with NYDA
- Direct support for rate appeals, fund releases, and rate process corrections

These accomplishments represent more than just statistics—they reflect the organization's commitment to improving lives. Every program created, service delivered, and individual served contributes to the shared mission of bringing hope, dignity, and opportunity to people with disabilities.

# Welcome Eden II Programs!



We are thrilled to announce that Eden II Programs, a nonprofit organization dedicated to supporting individuals with autism through exceptional educational and therapeutic services, has partnered with Hudson Regional LTC Pharmacy as their trusted pharmacy services provider.

We are honored to support such a vital organization and to contribute to the essential work they perform in improving the lives of those they serve.

Please join us in welcoming Eden II Programs to the HRLTCP family. This partnership underscores our commitment to enhancing healthcare and supporting organizations that make a profound impact on their communities. We are proud to collaborate with such a respected program and look forward to a successful and

impactful relationship.

As we begin this new partnership, we remain dedicated to delivering the highest quality of care and pharmacy services, striving to exceed expectations and support the important missions of the organizations we serve. Together with Eden II Programs, we will continue working toward the shared goal of making a meaningful difference in the lives of individuals and families.

Thank you for your continued trust in Hudson Regional LTC Pharmacy. Your support allows us to expand our reach and collaborate with incredible organizations like Eden II Programs, furthering our mission to provide exceptional care and support.

# Celebrating a Milestone Year in 2024

*Goodbye 2024  
Hello 2025*

At Hudson Regional LTC Pharmacy, we are thrilled to share a remarkable achievement that fills our entire team with pride - in 2024, we successfully filled over 332,000 prescriptions for our valued patients! This milestone represents more than just numbers to us, it embodies our passionate commitment to serving our community and making a difference in the lives of those who depend on us.

Every prescription we filled this year tells a story of care, dedication, and trust. We are deeply honored that so many healthcare facilities, patients, and families have chosen us as their pharmacy partner. Our team comes to work each day with one mission: to provide the highest quality pharmaceutical care with unwavering attention to detail and personal service. We couldn't have achieved this milestone without our exceptional team of pharmacists, technicians, and support staff who pour their hearts into their work every single day. Their expertise, dedication, and genuine care for our patients have been the cornerstone of our success.

As we look ahead to 2025, we couldn't be

more excited about continuing to serve our community. We know that behind every prescription is a person counting on us, and we take that responsibility seriously. Our commitment to excellence grows stronger with each passing year, and we are eager to build upon the foundation we've established.

To our valued partners in healthcare facilities, our cherished patients, and their families: thank you for trusting us with your pharmaceutical care needs. Your confidence in our services inspires us to continuously raise the bar and exceed expectations.

We enter 2025 with hearts full of gratitude and enthusiasm for the opportunity to continue serving you. At Hudson Regional LTC Pharmacy, we're not just filling prescriptions - we're helping our community thrive, one prescription at a time.

Here's to another year of serving you with the same dedication, care, and excellence you've come to expect from our pharmacy family.

# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

*These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.*

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



**Hudson Regional**  
LONG-TERM CARE PHARMACY

280 Rte 211 E, Suite 112, Middletown, NY 10940  
www.hrltcp.org • info@hrltcp.org • P: 845-341-2700 • Fax: 845 341-2715